

Sr.No.13011

Exam Code: 403002

Subject Code : 6359

Diploma in Counselling - 2nd Semester

(2721)

Paper-I : Approaches to Counselling

Time allowed: 2 hrs.

Max. Marks: 100

Note: There are EIGHT questions of equal marks. Candidates are required to attempt any FOUR questions.

SECTION-A

1. Describe the key features of Psychoanalytic Approach of Counselling? How will you evaluate it? (15, 10)
2. Describe the contribution of Jung's Theory in the field of Counselling. (25)

SECTION-B

3. Explain the role of Conditioning in the development of Abnormal Behaviour. Discuss the usefulness of Conditioning in the field of Counselling. (12½, 12½)
4. Critically evaluate the different Techniques of Behaviour Modification. (25)

SECTION-C

5. Explain the Concept of Existentialism. Discuss the details of Existential Approach to Counselling. (7, 18)
6. Discuss the Concept, Nature and Mechanism of Client Centered Approach of Counselling. (12½, 12½)

SECTION-D

7. How will you apply Beck's Approach of Counselling for the treatment of Depression. (25)
8. Explain the different types of Meditation along with their Physiological and Psychological effects. (18, 7)

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